

## HOW TO USE MIND MAPPING

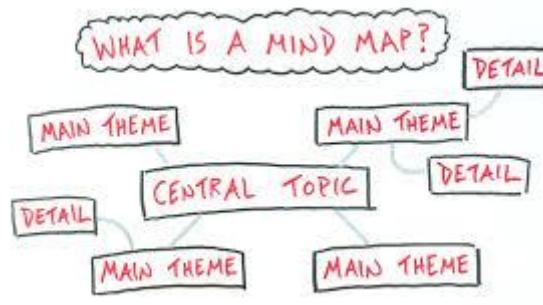
- 1 Take a blank piece of paper – not lined (A4 or larger)
- 2 Turn it on its side (landscape)
- 3 Start in the centre with an image that represents the topic (using at least 3 colours)
- 4 Add the main branches (like chapters in a book) adding the words in capitals or draw an image – these central lines are thick and curved like branches on a tree
- 5 Connect these to the main image
- 6 Start to add a second level of thought – lines are thinner and if words are used they may be lower case
- 7 Add a third or fourth level as thoughts come to you (jump about the map as the ideas appear)

Now try it out – print words clearly and use colour throughout.

Make you the subject of the mind map:

So put ‘ME’ in the middle (add a drawing of you or small photo) and as a suggestion you might want the main branches to show what makes you who you are – FAMILY, HOME, SCHOOL, FRIENDS, HOBBIES, TV, MUSIC, VIDEO GAMES, BOOKS, CLOTHES, HABITS. You choose and you can choose other things.

Now start to think about detail in the main branches – if you chose FAMILY you may add brothers and sisters, mum and dad by name, grandparents. For HOME – where do you live? What are favourite parts of the house? Got the idea?



If you are struggling you can look at the next page where I have put a couple of examples.

Only use these to check layout – DON’T use the ideas or it won’t be your Mind Map.

Mind Mapping is an important technique to help explore a topic and to help recapture ideas because each idea makes connections.

