

# TEACHING 2 INSPIRE

## The 'learning to learn' school approach

### COURSE CONTENT

Introduction: facts behind brain-based learning.

Skill-building: to use knowledge to improve memory techniques.

Skill-building: to use mapping methods to improve understanding and note taking techniques.

Practical applications: in teaching and learning approaches to raise performance.

Guidance notes are provided.

These are available as an alternative to a delivered programme.

Course Fee: £400

Materials only: £75